

Seniors Today

Volume 23 November 2008

Message from the Editor:

Welcome to Fall & Winter!! I trust each of you had a good summer and fall, and now we are looking forward to Christmas and winter. Let me back track a little as I appear to be speeding the seasons along!

This is my first "crack" at being Editor of a newsletter and typically I am not sure what I am doing - but, with the expertise of Mabel and Marg guiding me, I'm sure the letter will be able to hold its own. You will find an article in here about the Seniors' Games that were held in Dieppe, NB in the late summer. Our group of Yellowknifers did well in bringing home medals. Congratulations to all - both medal winners and participants!

Remembrance Day will be here before we know it so we asked Jan Stirling and Captain Don Fynamore to include their perspectives and thoughts of past wars and the Armed Forces position they are in today. Thanks, Jan and Don for your input.

We have "Seniors Speak...and contributions by Cito Domingo and Ana Crkvenac on Thanksgiving and Christmas in their countries. Don't forget the Christmas Bazaar in November and the Lessons & Carols Service hosted by the Ministerial Association in December.

Speaking of ministerial - we have a new feature in this edition called "From the Minister's Perspective". Each letter will have a different ministerial article for us. Our first minister is Rev Peter Chynoweth from the United Church. Thanks, Peter for stepping up to the plate on such short notice.

Just a month ago, we celebrated Thanksgiving. To me this is a special time as we celebrate God's gifts to us by way of support of family and friends. We give thanks for them and for the bountiful harvest of food we have each day in our country of Canada. It is a beautiful time of the year as we see the changing of colors on our trees in September. Through this we can once again enjoy the beauty of creation. We are truly blessed!

Remembrance Day is a special time when we can thank God for the freedom we have in our country and give thanks for the soldiers of World War I, World War II and the Korean War who gave up their lives for our freedom and freedom in other countries as well. It is also a time to pause and reflect on our current armed forces as they continue to fight - and in some cases die - to regain freedom for others. We also must not forget the families of the soldiers as they battle on the home front while supporting their loved ones; or have lost a loved one to war. These families are unsung heroes and we ask God's blessings on them.

Last but not least, we come to Advent and Christmas. This is a joyous season for most of us. To others it is a season of sadness. Advent (the first 4 Sundays prior to Christmas Day) is a season when we look at our lives and see what we can do to make them better and to help make the lives of others better. Then, we celebrate Christmas Day - once again thanking God for the birth of His Son and giving thanks for family and friends as we celebrate God's gift to us. If this is a time of sadness for you, then this year could be the time to reflect and see the good things that God wants you to have and let Him help you to receive that gift from Him.

Speaking of being thankful, I want to once again thank Mabel and Marg. *(Especially Marg as she waits patiently for this letter so she can meet her deadlines.)* Read and enjoy your newsletter - maybe two or three times over coffee. There is a lot of "good stuff" to ponder in this edition.

God Bless, see you in the spring.
Rev Ron McLean

Executive Directors' Message - Autumn 2008 Newsletter

I would like to thank all of you for the very warm welcome that has been extended to me upon my arrival at the Yellowknife Seniors' Society. I would especially like to thank the morning coffee crew and the Board for all of their assistance as I settle in to the position here.

I welcome your feedback as I continue to learn the ropes here and I would also like to thank everyone for their patience during this period of transition.

As I write this, Thanksgiving approaches. We have much to be thankful for in a country that respects the democratic process and our freedoms. Family and friends also top my list of things that I am grateful for. We have many things to be thankful for at the Baker Centre. This is a generous community that supports the seniors. We have received donations of food, cleaning supplies, money and roses (and diamonds too !) from a variety of organizations and individuals, including the Yellowknife Community Garden Collective, various mining camps via Expedite North, LPN Association/ Tina Rivera, Medic North, and Diavik.

Of course, this is a busy place and things have not slowed down!

We have a brand new activity this fall, Nordic Walking. This group is being sponsored by Parks and Recreation and continues with the support and enthusiasm of the volunteer group leaders, Pat Thagard and Pat Jasper. They meet at the Baker Centre every Tuesday at 4pm.

Lunch With A Bunch continues with **November 7 being a Potluck**. BHP will serve us lunch on 14 Nov, Yellowknife Health and Social Services will serve us on 21 Nov and the Side Door Youth Centre will serve us on 28 Nov.

Don't forget our **annual Bazaar on 29 Nov from 1-4 pm**. We will need donations of baked goods for our own table as well as people to help with our various raffle draws. Thank you to David Wind and the finance committee for all of their work with our Diamond Raffle.

Watch for the Christmas schedule - December is sure to be just as busy!

I'm looking forward to seeing all of you at the Baker Centre!
Marjorie

Dates to remember:

Christmas Bazaar at Baker Centre, November 29

Seniors' Tea...Legislative Assembly , December 5

Legion Senior Christmas Dinner

Ministerial Carol Festival, St. Patrick's Church, December 14

PRESIDENT'S REPORT, October 20, 2008

THE Yellowknife Seniors' Society certainly has wonderful members. Joan Hirons won two gold medals and two silver medals; Pat Crozier, Ann Wind and Dave Wind also won silver medals. Our bowling team members (Gladys Eggenberger, Gary Black, Shirley Lloyd, Marion Wylie, Jim Wylie, Barb McDonald) won the silver medal and Helena Haener won a bronze medal. All of that was done at the recent Canada 55+ Games held in Dieppe, N.B.

We also have cordon bleu candidates who keep us well fed at our Lunch with the Bunch meeting on Fridays.

In addition to those good members we have a group of hard working volunteers selling raffle tickets and getting things ready for the Christmas Bazaar which will be held on Saturday, November 29, 2008 at the Baker Centre.

It doesn't stop there! The volunteers who organized our July 1 float won first prize and a lot of recognition for our Society.

There are other volunteers who assist us with our programs and activities. My sincere thanks to all of them.

We were sad to see Vivian Squires step down as our Executive Director in July and were pleased to have Marjorie Sandercock replace her. Thanks to those who covered off at the central office during the interim period.

May all of you enjoy our hospitality at the Baker Centre and enjoy the programmes we offer.

Best regards,
Blake Lyons

Serving with the Military:

Padre Ron McLean asked me to write a few words about being a current serving soldier. I must state right off that I have never been to a war zone so I don't know about the stress that that places on an individual or his/her family. I can imagine that it must be very

worrisome and stressful for the soldiers loved ones at home.

One of the Warrant Officers (WO) that I work with has a son in the Army, in the same Regiment. While in Afghanistan he came to Yellowknife on leave to visit his father. While here, one of the other soldiers who had replaced him in Afghanistan was killed. The WO's son was quite concerned and wasn't certain what he would do. The advice he gave to his son was simple, "You soldier on. Never forget your friend, but you are a soldier so do your job."

I joined as a young teenager in the early 70's because I had always wanted to join the military. As a teenager we are invincible and full of "piss and vinegar" and I couldn't think of anything else that I wanted to do. After completing my basic training, I was sent to the First Battalion The Royal Canadian Regiment in London, Ontario as a Rifle Platoon Commander. Without a doubt this is the best job in the Army. You get to lead approximately 30 soldiers. It is a very humbling experience since you quickly learn that you have the most responsibility of anyone in the Platoon, but you are the least trained and have even less experience.

You learn to trust the Warrant Officer or Sergeant who is your Second in Command. You also learn somewhere down the road that your Second in Command is the guy who is actually leading the Platoon. He just makes it look like you are doing it until he is satisfied that you can actually do the job.

One other thing that you learn is that soldiers have a very, very close bond. It is very hard for civilians and even my wife to understand that. We may have interunit rivalries and tease the artillery, armoured corps, air force, navy etc, for not being infanteers, but we also know that in a tight situation we can depend on them to help us. We all work together.

When I joined in the 70's, we were a so called Nation of Peace Keepers. We did a lot of UN Peacekeeping jobs in all parts of the world. We weren't at war, but trained for war. As a result, we were better able to stand between two warring factions because they respected us because we were soldiers.

More than 100 Canadians were killed as peacekeepers. They died to make the world a safer place. I don't know if the world is any safer for their sacrifices, but the job isn't complete yet.

In Afghanistan we aren't peacekeepers, we are peacemakers. We are there to help the Afghan nation overcome those who want to destroy their country, to take away peoples' basic rights. Once again we are there at the request of the United Nations. Our job isn't to make them Canadian or to turn their country into ours. We are there to help them get their country back: so that they have the rule of law, so everyone can live with basic human rights, so they can worship in the religion of their choice without fear of reprisals, so they can go to school. These are the simple things that we take for granted.

We are very lucky in this country. We have clean water, good medical services, education, jobs, safety, etc. If we didn't help to stop the terror in Afghanistan how long would it be before that terror would be exported to this country and we would loose all that we have now?

As in former wars, once again that job falls on the Canadian soldier. Everything we have in this country can be traced back to our military and the sacrifices that they have made. Our soldiers are still making sacrifices. The infantry have to be toughest at all jobs. They are the only ones that close with the enemy. They must carry at times up to 200 pounds of equipment on their backs, they get very little sleep, eat whenever they can and must be very physically fit. All the others support the infantry and do a very good job of it.

Since we have been in Afghanistan, almost 100 have died and many, many more have been injured. Hopefully, no other soldiers will be killed or wounded, but we have a long way to go.

We always remember those who have gone before us, more so at Remembrance Day. It is those earlier soldiers who have provided the standards that we must rise to.

As Lieutenant-Colonel John McCrea wrote:

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields*

After knowing what I know now and seeing the way things are would I join the Army again? Yes. There are great people in our military. They do us an excellent service and ask for little in return. They also have a very tough job to do and some make the ultimate sacrifice. Let us never forget those soldiers, sailors and airmen and women who have been, and continue to be, killed or wounded. Also, don't forget those who have served and continue to serve. While you are thinking of them and maybe saying a prayer, don't forget their families and loved ones and say a prayer for them as well.

God bless.

Captain Don Finnamore, Joint Task Force (North) Headquarters

Korean War by Jan Stirling

The Korean War started in June 1950 and ended in October 1953. The Peoples Republic of Korea, a communist state in the northern half of Korea advanced across the 38th parallel to the Republic of Korea which is now known as South Korea. When the war started, I joined the RCAMC as a nursing sister.

I often think of my time as a nursing sister during the Korean War. I was at the British base hospital in Kure, on the inland sea in Japan. The British, Australian, New Zealand and Canadian nurses worked together.

The Canadian nurses had an 80 bed surgical ward. There were two large rooms with 30+ patients in each, a few small rooms and some patients in the corridor. We were extremely busy.

The patients would come directly from the front line. Some would have temporary dressings. I will

always remember when they arrived . young men, many wounded by shrapnel, some with extreme burns, and some with limbs missing. They were very brave.

Our ward would have 30-40 patients come all at once. They would arrive on stretchers, have tags on each one with their name, rank, regimental number, type of wound, and if any first aid had been done.

Most were very young, I am sure they were scared, thousands of miles from home and not sure what was happening. They were soldiers from all over the commonwealth. I can remember so many of these young men. I am sure they were scared and homesick but so brave.

On night duty, one nurse would work with two male medical assistants. We were so busy making rounds, checking dressings, I.V.s, etc. We had to serve breakfast around 6 am bath patients and have them ready for the day sisters who would be doing dressings all day. These young people were so brave and if possible would even help us if they could.

I often think of the pain they went through with their burns and wounds and how painful to have their dressings done.

I remember a young Maori soldier from New Zealand. He had large gaping wounds on both his back and front. He was on a stretcher bed which we turned over often to tend to his wounds. He was extremely ill. Every time I hear ~~Now is the Hour~~; I think of him. He would sing it in Maori. He recovered and was so grateful for his care.

I have many many stories of their bravery and things they went through. One night while making rounds a young Canadian soldier said he felt something in his throat. He had shrapnel wounds in his stomach and had a stomach tube down. I checked many times. Then the next time I looked again with the flashlight and saw a big worm in his mouth. It had come up the tube. I grabbed it and pulled this long worm from his throat. It was pretty shocking!

As I mentioned earlier, many of these men had burns over their bodies. You know how much a small burn hurts, well, these men were covered in burns. We had to soak the old dressings off and change their dressings each day. It was very hard for them but they didn't complain. I will always remember a young 18 year old who had shrapnel wounds in his neck and back and was partly paralyzed. He was very stoic.

I met my future husband Bill in Japan. He was wounded so was at the hospital on the British ward. He returned to Canada a few months before I returned. On my return, I finished my career as a Nursing Sister and Bill and I married in Fredericton. Bill stayed in the military, so as most military families we moved many times across Canada and a posting in Germany. Our four children were born in Winnipeg, Calgary and Victoria. When we moved here (Yellowknife) it was the eighth school they attended! We came here in 1971 when the military was posted here.

I have many stories to tell but I would now like to talk about peace. Wouldn't it be wonderful if the whole world was at peace? Think of the situation now around the world. There are so many wars, violence, cruelty and rape.

Presently in Afghanistan, where Canadian troops are stationed, there have been many deaths and severe injuries to our military. If only we could handle these conflicts in a peaceful way. I often think of all the members of the Canadian Forces - mothers and fathers who are away in Afghanistan and other areas and the children and families left behind.

We are fortunate in Canada but there are concerns about how rich some Canadians are and how poor and needy others are. I think of all the seniors across the world that are neglected, have very little money, many who are homeless, suffering and lonely.

Let us take a few moments to think about those who are suffering and each of us make an effort in our lives to be kind and caring and to live in peace.

On November 11th attend the Remembrance Day services.

"Lest We Forget"

Remember our Vets who are still with us:

Dusty Miller, Catherine Lovell, Ruth Spence, Jan Stirling, Harley Crowe, Brock Parsons, Jack Adderley, Dorothy Carter, Ethel Wilson, John Sperry,

Recessional

God of our fathers, known of old--
Lord of our far-flung battle line--
Beneath whose awful hand we hold
Dominion over palm and pine--
Lord God of Hosts, be with us yet,
Lest we forget--lest we forget!

The tumult and the shouting dies--
The Captains and the Kings depart--
Still stands Thine ancient sacrifice,
An humble and a contrite heart.
Lord God of Hosts, be with us yet,
Lest we forget--lest we forget!

Far-called our navies melt away--
On dune and headland sinks the fire--
Lo, all our pomp of yesterday
Is one with Nineveh and Tyre!
Judge of the Nations, spare us yet,
Lest we forget--lest we forget!

If, drunk with sight of power, we loose
Wild tongues that have not Thee in awe--
Such boastings as the Gentiles use,
Or lesser breeds without the Law--
Lord God of Hosts, be with us yet,
Lest we forget--lest we forget!

For heathen heart that puts her trust
In reeking tube and iron shard--
All valiant dust that builds on dust,
And guarding calls not Thee to guard.
For frantic boast and foolish word,
Thy Mercy on Thy People, Lord!
Amen.

Rudyard Kipling

Thanksgiving and Christmas in Croatia

Croatia is a small country with five million inhabitants. Over eighty percent of the people are practicing Roman Catholics. I come from a small town, located in the picturesque central part of the country.

There is no celebration of Thanksgiving Day in Croatia, in the way it exists in North America. Only very recently people have started celebrating Harvest Hays or Bread Days, as some like to call it. Central celebration of Harvest days is held on September 26th. In many parts of the country this is promoted as a tourist attraction, featuring parades of national costumes, serving of homemade foods, and demonstrations of old, forgotten trades. Schools dedicate this day to teach children about customs of the past. Smells of freshly baked bread, cakes, cookies, and roasted chestnuts linger in the air at many farmers' markets set up specifically for this occasion.

Today, Christmas is celebrated as the biggest and most important religious holiday in Croatia, but it has not always been this way. After the Second World War, the Communist party in power did not allow celebrations of a religious nature. For more than forty years December 25th was just another working day and Christmas celebrations were mostly carried on in secrecy, in rural parts of the country. Following the 1991 war for independence, Christmas was reinstated as a national holiday. Throughout the communist years, people kept old Christmas traditions alive and brought them back for public life for everyone to enjoy.

In early December, wheat is planted in small bowls, as people hope for an abundant harvest and good health in the New Year. Three weeks later, freshly sprouted wheat and candles, become centerpieces of almost every Christmas table. On Christmas Eve, fish is served at dinnertime and families attend midnight mass at local churches. After mass, people return to their homes and begin a Christmas feast. Roasted pig takes central place on many dinner tables, accompanied with colorful side dishes and scrumptious desserts. The day after

Christmas, all stores remain closed and people use this opportunity to visit with friends and neighbors. With relatively warm winters, Christmas in Croatia rarely becomes white

Christmas, but the joy and spirit of Christmas fills everyone's hearts.

Ana Crkvenac

Thanksgiving and Christmas
In the Philippine Setting
By: Felicito (Cito) M. Domingo

During one of our Lunch with a Bunch meeting at the Baker Centre, my good friend, Mabel Collinson asked me, "Cito, how do you celebrate Thanksgiving and Christmas in the Philippines?" To answer her query, I had to retrace and review the history of the Philippines. Thanksgiving and Christmas are part of our Philippine culture which is a product of diverse ethnic and historical influences of Chinese, Islamic, Hindu, etc. and were introduced when merchants from various Asian countries began trading with the Philippines. The Spanish dominated the islands for almost 400 years, and American colonial rule lasted another 50 years. Thus, many aspects of the Philippine culture today reflect this combined cultural heritage. Christianity is the predominant religion in the country. Christmas in the Philippines are divided into Catholics, who contribute a major

portion of the population (about 80 percent), and the other denominations are Muslims, Baptists, Lutherans, Methodists, Church of Christ, and others.

During the Spanish time, and up to the present, Filipinos celebrate Thanksgiving during their fiesta or Feast Day in honor of their patron saint. Many towns, cities and barrios (smallest communities) are named after the saints, like San Pedro (St. Peter), San Pablo (St. Paul), Santo Tomas (St. Thomas), San Juan (St. John), etc. The fiesta starts with the folks going to church...giving thanks for their blessings especially after a good and bountiful harvest. Usually also it is declared an official holiday in the town or city. Relatives and friends from neighboring communities join in the celebration and partake of the Thanksgiving meals. However, during the American rule, the American community celebrated their national Thanksgiving Day on the last Thursday of November of the year.

On the other hand, Filipinos celebrate one of the longest Christmas season. It starts on December 16th up to the first Sunday of January or the Feast of the Three Kings. On December 16th, churches start the holidays with the 9-day dawn masses...4:00 a.m. Church bells will ring, residences which are festooned with lanterns of different designs and colors are lighted. The churches and churchyards are likewise decorated. Roads around the church are lined with food stalls selling breakfast goodies like rice cakes and many other delicacies with hot chocolate or tea. On Christmas Day, folks, especially the children, wake up early and put on their best Sunday clothes and attend the Christmas mass. It is a very special day for the kids who visit their elders and relatives, and their godparents to receive their blessings and gifts. The whole day, the traditional family reunions and feasting on the traditional Christmas food and exchange of gifts with family and relatives goes on.

Business establishments like the multinational corporations celebrate their Christmas parties in their respective offices, factories, and sometimes in big hotels. Programs are held by the employees and employers handing out Christmas bonuses and goodies. Raffles are held with very good prizes.

Another big event during the Christmas season is the holding of lantern parades. One of the most popular and colorful parade is held in San Fernando, Pampango. Lanterns big

(some are as big as seven feet) or small with different colors are paraded around the city.

The different lanterns mostly shaped as stars with variegated colors are truly a sight to

behold. After the parade valuable prizes are awarded to the Lantern of the Year. Most

original, best design, etc. One thing though is that the Filipinos love to sing during this

season... "White Christmas" which remains only a dream.

God Loves Diversity

(Rev. Peter Chynoweth -Yellowknife United Church

One of the things that I appreciate about aboriginal culture is respect for and reliance upon the wisdom of Elders.

However, I was reminded this week that in many circles the word

"elder" has become synonymous with "senior". An Elder is more than simply a person who has lived a certain number of years. An Elder is someone who possesses particular wisdom and insight. Such wisdom and insight takes a certain span of life to achieve, but just because someone has lived that many years does not mean that they have what it takes to be regarded as an Elder. Being an Elder and being a Senior are two different things. Elders are seniors, but seniors are not always Elders.

The term Elder is also at use in certain traditions within the Christian church. The United Church of Canada, the denomination in which I am a minister, encompasses traditions that

include the Congregational, Methodist and Presbyterian form of organization. It is at least in part from the Presbyterian part of our heritage that we have the term Elder. An Elder is someone elected or appointed to hold a lay office in the church. In many ways, the term is very similar to the term used by people in aboriginal culture. Elders are expected to have a certain amount of knowledge, wisdom and insight. Elders can be elected or appointed to perform certain functions within the church. As our denomination (The United Church of Canada) has matured it has developed practices and styles of governance which are not as close to the traditions which came together in its formation in 1925. As a result, it is less likely that you will hear the term Elder applied to someone who serves on the church board, or who serves on a committee of the church. While there are good reasons for new ways of doing things, there is a certain sadness that the term Elder which holds within it a sense of dignity and importance, has been dropped.

I wanted to mention the difference between an "Elder" and a "Senior" not to diminish the importance of seniors in our society, but to emphasise that God has blessed us with wonderful diversity. There is often much consternation expressed within Christian circles about why the various Christian denominations cannot find unity. I share the concern, but I am also glad for the many different ways we have to express our faith and participate in worship. I believe God wants unity, but I also believe that God loves diversity. If it were not so, why would it be that we human beings - made in God's image - would be such a diverse group of folks, so different in looks, thoughts, interests and abilities?

Paul, the biblical letter writer, often wrote about the various parts we have to play in community as the body of Christ. This too, is a declaration by Paul that God loves diversity. We need the wisdom of elders, the experience of seniors, the joy of youth, the exuberance of children, the dedication that comes with middle years. All are important, all are vital to the healthy functioning of community. It is important to respect and honour the wisdom that comes from Elders, but we also must appreciate seniors for the perspective they bring. The Bible is full of stories about people who lived long lives, and the wisdom and insight they brought into relationships with the Creator. It is also full of stories about insight that comes in unexpected ways from unexpected people - a young shepherd boy named David, the younger son Jacob, a surprising boy prophet named Samuel, a foreign woman - the daughter-in-law of Ruth, a Samaritan woman at the well, and a child born in manger and the same person as a youth in heated discussion with rabbis in the synagogue.

We are a wonderful mosaic crafted by God. Just like a mosaic crafted by other artists - it is sometimes hard to see the particular purpose we occupy, but take a pebble away from the

mosaic and it is glaringly obvious where we should be. We blend in when we are doing what we need to do, but it is painfully obvious when we are not. God loves diversity, because it is only by offering our particular uniqueness that we form the picture of what it means to be God's people. Celebrate diversity! Celebrate the Creator who loves it all! Blessings.

Seniors speak: **Subject:** Do you fear the future for our children?

Joan Findlay:

I don't fear for them...because they are so well-informed and educated that they will be able to deal with problems as they come up. I don't envy them. They have a lot ahead of them to deal with.

Greta Baetz:

All the communication gadgets the kids stick in their ears is going to deafen them. Time spent on computers is too much in some cases and will possibly weaken their eyesight.

Pat Balsillie:

Too much time wasted on computers leaves too little for exercise. The kids of today get things handed to them and often don't develop good work ethics or good manners.

Vivian Squires:

Because of sitting in front of computers and TV for so many hours, kids of today are losing some people skills especially conversational skills. That said, their knowledge of computers is astounding at a young age ensuring a good future.

**We were pleased to have Murray and Louise Baker visit us the week of
October 20, 2008.
Murray is the grand nephew of Ed Baker after whom the Baker
Community Centre is named.**

What are the "Canada 55+ Games"?

The Canada 55+ Games is a nation-wide program to sponsor wellness - that is, the spiritual, mental and physical well being - among Canadians 55 years of age and older. Provincial programs are staged annually in different provinces and territories. The first national Games were held in Regina in 1996. The Games should not be categorized as sporting events, as they span a wide range of physical and mental challenges, from Slow-pitch Softball to Contract Bridge, from Darts to Lawn Bowling, and from Snooker to Track and Field . These events bring together amateur competitors who participate for the sheer joy of competition, for the opportunity to visit other parts of Canada, and for the camaraderie and social interaction that are an integral and essential part of the Games.

The Games bring together relatively small groups, representing their respective provinces or territories. These groups earn the right as a result of competition against thousands of other seniors in their home province or territory. The 700 or so who compete in the Games represent over 100,000 Canadian seniors who actively

participate in local events leading up to the national games.

Back: Gladys Eggenberger, Shirley Lloyd, Len Haener, Ann Wind

Front: Gary Black, Lori Carlton, Joan Hirons, Dave Wind

Our YK Seniors' Society medal winners at the Canada 55+ Games in Dieppe, NB August 26 - 31, 2008

Bowling Team: "Silver" Medal, Bowling player Len Haener: "Bronze" Medal,

Contract Bridge players Dave and Ann Wind: "Silver" Medals

Swimmer Joan Hirons: Two (2) "Gold" Medals and two (2) "Silver" Medals

Congratulations!

Puzzle/Humor... Word Search Puzzle....Find the names of our **veterans:**

DOROTHY CARTER, CATHERINE LOVELL, RUTH SPENCE, JAN STIRLING,
ETHEL WILSON, JACK ADDERLEY, HARLEY CROWE, DUSTY MILLER,
BROCK PARSONS, JOHN SPERRY

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W N O R E Y W A M M P J B C E F

E-mails are so helpful. It made doing this newsletter so much easier.

Thank you,
Marg Green